



TEACHER GUIDE

Name: _____

Answer the following questions as you watch the video:

1. What are the 3 basic things Conquerors through Christ does?
 1. Help porn users get out from under addiction.
 2. Help rebuild trust between porn users and their loved ones who may have been hurt by their addiction.
 3. Help protect people who are not addicted to porn resist the temptation.
2. What does porn hurt your ability to experience?
That for which sex was intended: The relationship between two people.
3. Using pornography can cause us to develop bad ____habits____.
4. Pornography affects the brain, but more importantly, it affects the ____soul____.
5. Besides a future sexual partner, from whom does porn use separate you? God

Other notes or questions while watching: _____

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The following questions will guide the in-class discussion.

A VERY IMPORTANT NOTE: For a long time, the devil has convinced the church that there is no way to talk about God's good gift of sex, convincing Christians that sex is always a dirty thing that should be hidden. He's wrong. Sex is good, and by lying to the church he hijacked a really good, important topic. God made sex. God designed what "good sex" is meant to be. We can and should talk decently but openly about it to help each other understand this incredible gift. We are stewards of God's world, and sex is a good part of that world. Basically, we're asking you not to be shy, and at the same time, not to be judgmental.

Teacher, explain the concept of "Nature vs. Nurture." Students, is a person's view of sex more nature or more nurture? Explain your answer.

How early do you suppose a child can start learning about physical relationships for men and women?

Why might young people not feel a strong need to quit porn right away?

With someone near you, take 2 minutes and see if you can think of three ways that a relationship with porn could hurt your relationship with God. (Think bigger than "It's sin, and God hates sin.")

Agree/Disagree: Things like commercials or movies that don't actually have naked people performing sexual acts do not affect the brain like explicit pornography does.

Agree/Disagree: Once the brain has experienced porn, there's no way to train it to see sex as beautiful, selfless and loving again.

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Commented [1]: Sex is more nurture than nature. This question will force students to struggle because they will know that people want sex by nature. But they need to learn that how sex is performed is a learned behavior. IF necessary, paint a verbal picture of a boy who has never been told about sex. When he reaches puberty, he starts feeling this weird attraction to girls and he wants to be close to them and maybe touch them, but he doesn't really understand when or how. How to "do sex" is a learned behavior and because of this, our brain is craving education on sex. The unfortunate thing is that porn has become the primary teacher in many cases.

Commented [2]: Students should struggle with this question because they will immediately go to the actual action of sexual intercourse. They may argue that a child should learn about what to do with your penis or vagina at early age or at an older age. Let this conversation go for a while, but eventually steer them toward this idea: Physical relationships between men and women are much more holistic than just sexual intercourse. Physical relationships start with hugs and hand-holding and putting a hand on a shoulder or giving a back rub. A child can very quickly learn (usually from watching their parents) the manner in which you physically touch someone of the opposite sex. [1]

Commented [3]: They might not see the effects of porn on their brain or soul. Teenagers will most likely not struggle with things like Erectile Dysfunction or a disinterest in women because their hormones are raging so hard that even porn satiate can't stop their desire for sex. They also probably will not see the effect porn has on their soul because they have maybe never really been in charge of their own spiritual well-being. They have probably been going to church because mom and dad made them go, and maybe are. [1]

Commented [4]: Here are just a couple, although answers will probably vary.

1. My guilt may make me think God doesn't want to hear my prayers.
2. I could start to feel happier watching porn than going to church.
3. I am rejecting God because I am rejecting his plan for sex.
4. It can make me feel alone. ... [3]

Commented [5]: The question is ambiguous, and hopefully that will force the students to wrestle with it. On the one hand, a girl in a bikini will not teach the brain anything about the sex act itself like explicit pornography will, but on the other hand, even "consuming" the sight of a woman's barely clothed body will teach the brain that female is something that exists for my own pleasure. If you're forced to side with one or the other, the correct answer is "disagree."

Commented [6]: This should be an easy question if the students were paying attention during the video, but the hope is to drive the gospel home one more time for them.

However, don't let the conversation end without reminding the students that in the same way that the brain was trained over time to see porn as the source of sexual pleasure, it will need to be trained to see God's plan for sex as beautiful. It will not be an ... [4]