



STUDENT GUIDE

Name: _____

Answer the following questions as you watch the video:

1. TRUE/FALSE: The Bible is full of good examples of sexual lives.
2. "A good sexual life isn't about doing this thing or avoiding that thing, it's about your _____."
3. TRUE/FALSE: God wants everyone to enjoy sex.
4. Sex is the picture that the Apostle Paul uses to describe the relationship between _____ and the _____.
5. The key to a good sexual life is.... _____.

Other notes or questions while watching: _____

The following questions will guide the in-class discussion.

A VERY IMPORTANT NOTE: For a long time, the devil has convinced the church that there is no way to talk about God's good gift of sex, convincing Christians that sex is always a dirty thing that should be hidden. He's wrong. Sex is good, and by lying to the church he hijacked a really good, important topic. God made sex. God designed what "good sex" is meant to be. We can and should talk decently but openly about it to help each other understand this incredible gift. We are stewards of God's world, and sex is a good part of that world. Basically, we're asking you not to be shy, and at the same time, not to be judgmental.

- Explain this statement: Sex is an act of generosity, not consumption.
- While this isn't true for everyone, men tend to want sex first and a relationship second, and women tend to want a relationship first and sex second. How might that become a problem when it comes to having a good sexual life for both men and women?
- What do you do if you have a strong desire for sex, but you're not married? How do you deal with those strong desires?
- You may not know this, but statistically, married people report having more enjoyable sex than any other demographic. Why do you think that is?
- Explain why this statement is true: "Having a good sexual life is important, even for the unmarried person."