

# TRANSFORMATIONAL DISCIPLESHIP

A Holistic Rethinking of Discipleship  
Ministries





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**DISCIPLESHIP**

## Goal: Disciples who make disciples

*Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.*

*(Matthew 28:18-20)*



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## Define: Disciple

Someone at any mile-marker with Jesus.

*aka*

Someone who thinks, talks, acts, lives,  
and loves more and more like Jesus.



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## Dysfunctional Discipleship

- The disciple grows in their knowledge of God's Word and the ability to rightly apply it.
- The disciple grows in sanctified service of God and neighbor.

*or*

Know more, do more



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## Five Dysfunctions of Discipleship

1. “Doing” over “being”
2. Compartmentalized faith
3. Anxiety about past, present, and future
4. Isolated
5. Visionless Kingdom

**Dysfunction:** People prioritize “DOING FOR” over “BEING WITH” God.

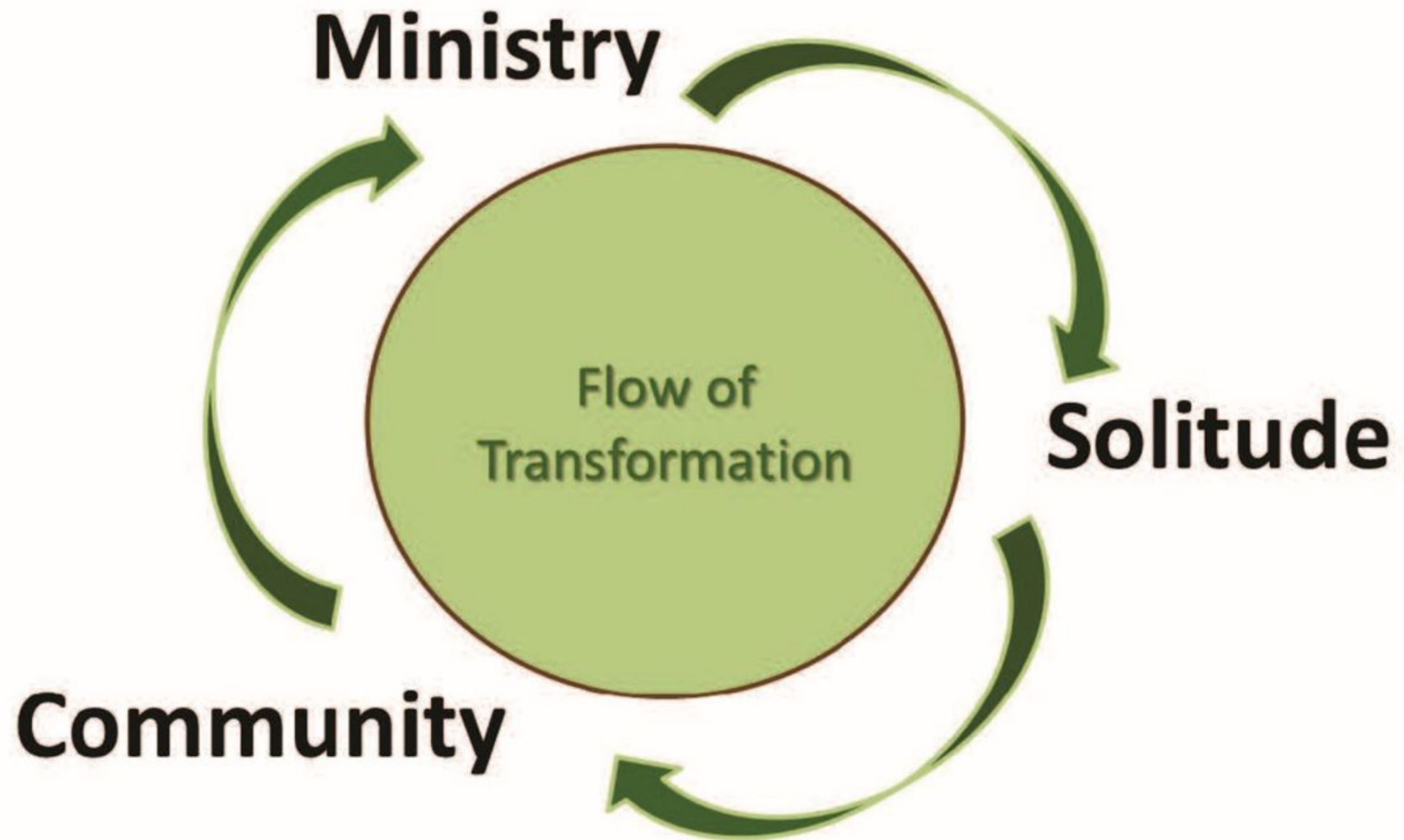
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**Symptoms:**

- Struggle to Sabbath
- Devotions: Not making time or viewing as a task
- Overspiritualize action of service
- Reluctant “yes”

**Solution:** Rhythms of Sabbath; Flow of Transformation





**Dysfunction:** Jesus-followers compartmentalize their faith.

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**Symptoms:**

- Out of sight; out of mind
- Lifestyle inconsistent with biblical teachings
- View pastors as a conduit

**Solution:** Fearlessness





**Dysfunction:** People have uncertainty or anxiety about the past, present, and future.

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**Symptoms:**

- Feel too broken
- Lack confidence with how God could use you
- Hesitant to share your story

**Solution:** Accepting Who I Am



# I Am...

- ... complete in Christ
- ... a Kingdom-bearer
- ... gifted with unique and necessary talents
- ... enough
- ... worthy
- ... at peace with God and myself
- ... the glory of God
- ... God's masterpiece
- ... free from the hurts, fears, guilt, and misconceptions of my past
- ... entitled to God's grace

**Dysfunction:** People have uncertainty or anxiety about the past, present, or future.

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**Solution:** Be discontent with emotional immaturity.



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## Exterior World

**Easy Work:**

*What others see*

Above the Waterline

**Hard Work:**

*Who we are*

Below the Waterline



### Self-Awareness

*Having a deep understanding of one's purpose, values, emotions, strengths, weaknesses, blind spots, hypocrisy and drives*

### Self-Management

*Having the ongoing conversation that frees us from being prisoners of our feelings and making healthy choices*

## Interior World







**Dysfunction:** People are not immersed in Christ-like community.

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**Symptoms:**

- No mentor
- No “people”

**Solution:** Intentional community





# STORY

SCARCITY

SILENCE

WORTHLESSNESS STRUGGLE

BURDEN

INSUFFICIENT

INVISIBLE

# CORRELATES

CONTENTMENT (PEACE/JOY)

SIMPLICITY

FREEDOM/AUTONOMY

TRUST/AUTHENTICITY

COMPASSION

# VALUES STATEMENT

ALL THAT I NEED TO NURTURE MYSELF & GOD'S CREATURES IS WITHIN ME; FULLY FORMED, UNAPOLOGETIC, & WORTHY OF ITS UNIQUE EXISTENCE.

**Dysfunction:** People do not have a clear vision of their mission in the Kingdom.

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**Symptoms:**

- Unable to identify God-given gifts
- Not feeling like your purpose is for the Kingdom

**Solution:** Identifying and developing mission/vision





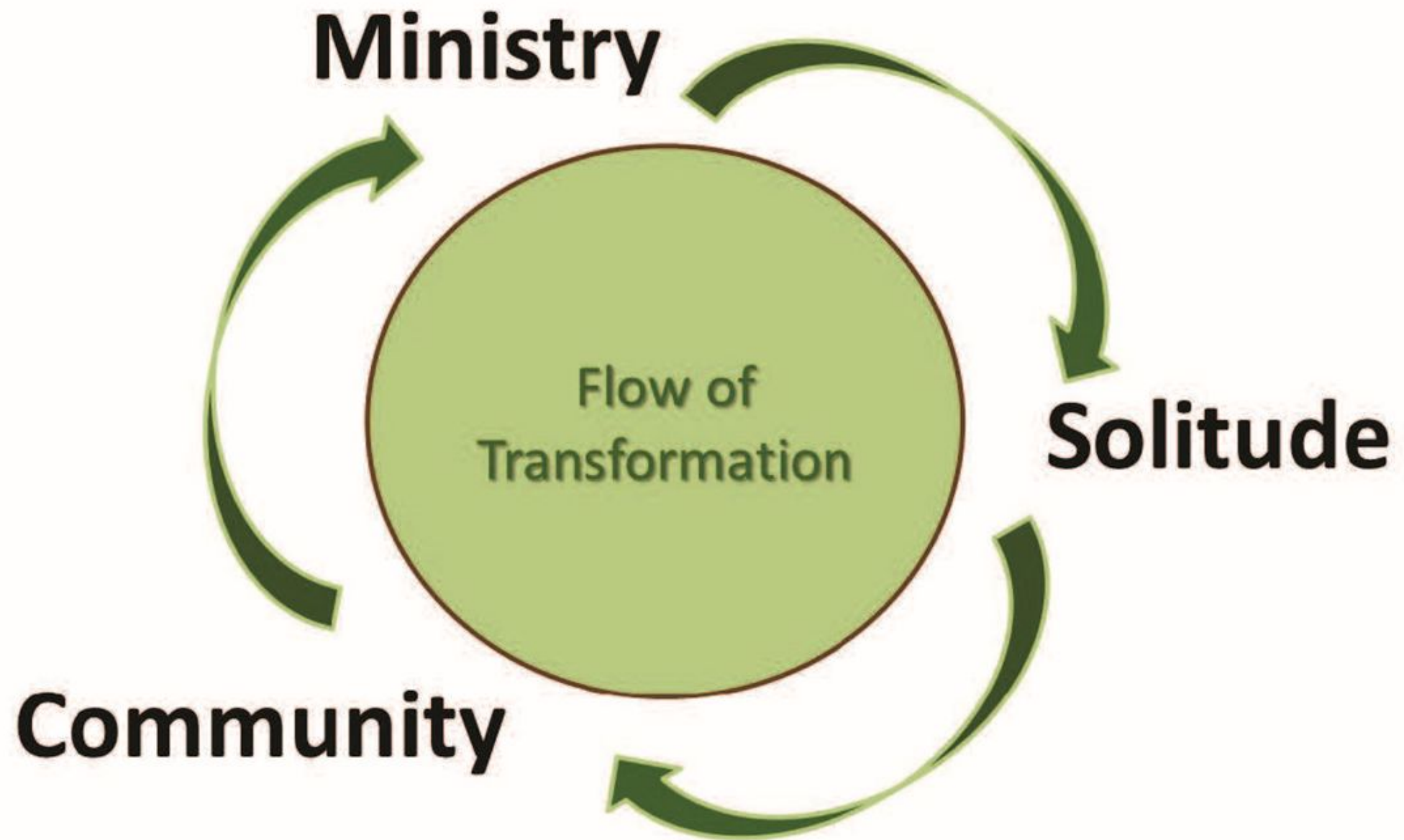
# What is a disciple?

## **A disciple is not necessarily:**

- an extrovert
- a biblical scholar
- a charismatic personality

## **A disciple is:**

- vulnerable
- available
- faithful
- teachable





## Transformational Discipleship

- Cohorts of ~25 people
- 18-month process
  - Six weekend retreats

*Transformational Leadership*

*Embracing Vulnerability*

*Grounded in Purpose*

*Living out of Mission*

*Envisioning Discipleship*

*The Calling of Jesus*



## **Transformational Discipleship**

Small group - Book based

Trained coach

Accountability partner

Daily rhythms

Quarterly Retreats

Commissioning Ceremony

**What could this look like at your home  
ministry?**



